

The Blessed Psalms

Lesson 9: Psalm 34

Introduction:

The inscription has David writing this Psalm when he pretended to be insane in front of Abimelech. In 1 Samuel 21 while David is on the run from Saul, he acts this way before Achish king of Gath. Remember that Gath was one of the 5 major cities of the Philistines and Abimelech was a common name for Philistine kings. It is most likely during this time of David's life that the Psalm is written.

David writes this Psalm out of joy from his personal experience and wishes for others to join with him in magnifying the LORD's deliverance (1-7).

Who is blessed?

1. The one who _____ in the LORD (8)
 - a. _____ (9)
 - b. _____ (15,19,21)
 - c. _____ (22)

How is he blessed?

1. He is never in _____ (9-10 cf Mt 6:33)
2. He lives a full life (11-12)
3. He has the _____ and _____ of the LORD (15,17)
4. He is _____ from all his troubles (17,19-20)
 - a. He is not _____ by God (4-5 cf Rom 5:1-5)
5. He is _____ and uncondemned by the LORD (22)

What is the character of the blessed?

1. He recalls that the LORD has been _____ to him (8 cf 1 Pet 2:3)
2. He _____ the LORD (10)
3. He _____ the LORD (9)
 - a. He keeps his tongue from _____ and lips from deceit (13)
 - b. He _____ from evil and _____ (14)
 - c. He seeks and pursues _____ (14 cf Heb 12:14)
4. He is righteous (15,19,21)
5. He has a broken heart and a _____ spirit (18 cf Mt 5:3-4)

What other Biblical examples illustrate this Psalm?

- 1.

