

The Blessed Psalms:

Psalm 40

Introduction:

This Psalm appears to be written by David. It is more than likely part of trilogy of Psalm 38-40. In this particular class, we will spend more time looking at the emotion(s) and purpose of the Psalm.

Who is blessed in this Psalm? (4)

- Who has made the LORD his _____
- Who has not turned to the _____ nor to _____

How does the Psalmist feel?

Positive:

1. Blessed by the _____ of the LORD (1-5)
2. Ready to give the LORD what He _____ (6-8)
3. The LORD will _____ to bless, help and deliver him (11)

Negative:

4. Surrounded, _____, _____ and dejected (12,17)
5. Afflicted and _____ (17)

Why does the Psalmist feel this way?

Positive:

1. Recalls what the LORD has done for him in the past (1-5)
2. He understands what the LORD desires (6-8; 1 Sam 15:22-23; Heb 10:4-6)

Negative:

3. His _____ (12)
4. His _____ (14-15)

What has the Psalmist done?

1. _____ for the LORD (1)
2. Decided to give the LORD what He desires (6-8)
3. _____ the greatness of the LORD to the great congregation (9-10)
4. _____ to his help and deliverer (13-17)

What does the Psalmist want done?

For Himself:

1. Be _____ to the LORD (13)
2. Be delivered _____ by the LORD (13,17)

For His Enemies:

3. Be ashamed, _____, turned back, dishonored, appalled (14-15)

For The Others:

4. _____ and _____ in the LORD (3-4)
5. _____ and be _____ in Him (16)
6. _____ the LORD (16)

THE MAN IN THE MIRROR:

When was my situation the last time I felt like the Psalmist?

Am I doing what the Psalmist wanted me to do?