The Messianic Psalms

Lesson 12: Psalm 31

Psalm 31

Shadow of the Messiah

Into your hands I commit my spirit (5)

My strength fails because of my iniquity (10)

Outline

- Requests & Trust (1-3)
- Reasons to Trust (4-8)
- Current Distress (9-13)
- Trust & Requests (14-18)
- Blesses the LORD (19-22)
- Call to the Saints (23-24)

Trust & Requests

1. In you O LORD I **take refuge** (1 cf 19)
   a) Let me never be put to **shame** (1)
   b) Deliver me in your **righteousness** (1)
   c) Incline your **ear**, rescue me speedily (1)
   d) Be a rock of **refuge**; strong **fortress** (2)
2. You are my **rock** and fortress (3)
   a) Lead and **guide** me for your name's sake (3)

Reasons to Trust

1. You are my **stronghold** (4)
   a) You take me out of **nets** hidden for me(4)
2. Into your hands I **commit my spirit** (5)
   a) You have **redeemed** me
3. I **trust** in the LORD (6)
   a) I hate those who mind vain things (6)
4. I will **rejoice** and be glad in your **steadfast love** (7)
   a) You have seen my affliction and **distress** (7)
   b) You have not delivered me to the **enemy** (8)
   c) You have set my feet in a broad place (8)

Current Distress

1. Be gracious to me (9)
   a) Eye, soul and body waste/fail from **grief** (9)
   b) Life, years with **sorrow** and sighing (10)
   c) Strength fails because of my **iniquity** (10)
   d) I have become a reproach (11)
   e) Object of **dread** to my acquaintances (11)
   f) **Forgotten** like one who is dead (12)
   g) Scheme and **plot** to take my life (13)

1 Sam 18:15,29

1 Sam 18:20-21,25
Matt 26:3-4; 27:1

Trust & Requests

1. But I trust in you, my times are in your **hands** (14-15 cf 5)
   a) **Rescue** me from the hand of my enemies (15)
   b) Make your face to shine on your servant (16)
   c) Let me not be put to shame for I **call on you** (17)
   d) Let the **wicked** be put to shame (17 cf 1)
   e) Let their **lips** be mute (18)

Blesses the LORD

1. How **abundant** is your goodness (19)
   a) For those who **fear** and take refuge in you (19)
   b) You **hide** them from plots of man (20)
   c) You shelter them from **tongues** (20)
2. Has **wondrously** shown his steadfast love (21)
   a) When I thought I cut off (22)
   b) You **heard** when I cried to you (22)

Call To The Saints

(Applications)

1. **Love** the LORD (23)
   a) He'll preserve if you're **faithful** (23)
   b) He repays those who act in **pride** (23)
2. Be **strong** and take **courage** (24)
   a) All you who **wait** for the LORD (24)

Next Week

Review