

## The Blessed Psalms

### Lesson 9: Psalm 34

#### Introduction:

The inscription has David writing this Psalm when he pretended to be insane in front of Abimelech. In 1 Samuel 21 while David is on the run from Saul, he acts this way before Achish king of Gath. Remember that Gath was one of the 5 major cities of the Philistines and Abimelech was a common name for Philistine kings. It is most likely during this time of David's life that the Psalm is written.

David writes this Psalm out of joy from his personal experience and wishes for others to join with him in magnifying the LORD's deliverance (1-7).

#### Who is blessed?

1. The one who \_\_\_\_\_ in the LORD (8)
  - a. \_\_\_\_\_ (9)
  - b. \_\_\_\_\_ (15,19,21)
  - c. \_\_\_\_\_ (22)

#### How is he blessed?

1. He is never in \_\_\_\_\_ (9-10 cf Mt 6:33)
2. He lives a full life (11-12)
3. He has the \_\_\_\_\_ and \_\_\_\_\_ of the LORD (15,17)
4. He is \_\_\_\_\_ from all his troubles (17,19-20)
  - a. He is not \_\_\_\_\_ by God (4-5 cf Rom 5:1-5)
5. He is \_\_\_\_\_ and uncondemned by the LORD (22)

#### What is the character of the blessed?

1. He recalls that the LORD has been \_\_\_\_\_ to him (8 cf 1 Pet 2:3)
2. He \_\_\_\_\_ the LORD (10)
3. He \_\_\_\_\_ the LORD (9)
  - a. He keeps his tongue from \_\_\_\_\_ and lips from deceit (13)
  - b. He \_\_\_\_\_ from evil and \_\_\_\_\_ (14)
  - c. He seeks and pursues \_\_\_\_\_ (14 cf Heb 12:14)
4. He is righteous (15,19,21)
5. He has a broken heart and a \_\_\_\_\_ spirit (18 cf Mt 5:3-4)

#### What other Biblical examples illustrate this Psalm?

- 1.

